ENGLAND GCSE BIOLOGY EDEXCEL HIGHER · UNIT 5 · 5 QUESTIONS

Health, Disease and the Development of Medicines — Practice Test

This practice test was made by AI and there may be mistakes. If a question or answer looks wrong, use the Flag a mistake button so it can be fixed.

1

A school lunch tray holds a meal with bread, cheese and an apple. Which food group is the bread from?

A proteins, for growth

B fats, for insulation

C carbohydrates

D vitamins, for health

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Flag a mistake

2 **Which of these is a risk factor for heart disease?**

A drinking water

B eating vegetables

C exercising daily

D smoking

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3 **How does a vaccine protect a person?**

A it stops pathogens entering

B it makes the skin thicker

C it kills all pathogens at once, straight away

D memory cells respond quickly later

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4 **Which lifestyle factor increases the risk of type 2 diabetes?**

A drinking plenty of water

B obesity

C regular exercise

D a low sugar diet

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5 **A thermometer is placed in hot water. What happens to the liquid inside the thermometer?**

A it evaporates

B it contracts

C it freezes

D it expands

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ANSWER KEY

1. C
2. D
3. D
4. B
5. D

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