ENGLAND GCSE BIOLOGY OCR TWENTY FIRST CENTURY FOUNDATION · UNIT 4 · 5 QUESTIONS

Using Food and Controlling Growth — Practice Test

This practice test was made by AI and there may be mistakes. If a question or answer looks wrong, use the Flag a mistake button so it can be fixed.

1 **Red apples contain vitamin C. What is vitamin C needed for?**

- A healthy skin and gums
- B good eyesight at night
- C making red blood cells
- D strong bones and teeth

Understand It with Pulse | Flag a mistake

2 **A chocolate cake is made from flour, sugar and eggs. Which ingredient provides protein?**

- A flour
- B sugar
- C water
- D eggs

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3 **A school lunch tray holds a meal. Why do we need food?**

- A for fun only, not for health
- B to stay awake at night
- C for energy and growth
- D to feel full after eating

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4 **A sandwich is eaten. Which enzyme digests the starch in the bread?**

A amylase

B lipase

C protease

D pepsin

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5 **Why are embryonic stem cells useful in medicine?**

A they divide only once and then stop

B they carry no DNA at all

C they are already specialised

D they can become any cell type

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ANSWER KEY

1. A
2. D
3. C
4. A
5. D

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