ENGLAND GCSE PHYSICAL EDUCATION EDEXCEL · UNIT 4 · 25 QUESTIONS

Socio-Cultural Influences and Use of Data — Practice Test

This practice test was made by AI and there may be mistakes. If a question or answer looks wrong, use the Flag a mistake button so it can be fixed.

1

A yoga mat is rolled out in a new accessible studio. How can participation be increased for people with a disability?

A By closing accessible facilities, which can happen in some cases

B By raising prices

C By providing accessible facilities and adapted activities

D By reducing media coverage

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2 **A basketball coach looks at shooting results to find a weakness. Why is data useful to a coach?**

- A It guarantees a win
- B It replaces training
- C It prevents all injuries, which can happen in some cases
- D It shows strengths and weaknesses to work on

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3 **A bicycle rider wears a GPS tracker in a race. What is a GPS tracker used for in sport?**

- A To review referee decisions
- B To count the crowd
- C To decide whether a ball is in or out, in some situations
- D To measure distance covered and speed during a match

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4 **A dumbbell is used in a gym that charges high fees. What is a barrier to participation for lower income groups?**

- A Too much free time
- B Lack of ability
- C Cost of equipment, fees and travel
- D Too many facilities nearby, in some situations

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5 **A pair of running shoes is worn by a runner whose times are recorded each week. What is the middle value of the times called?**

- A Range, in some situations
- B Mean
- C Mode
- D Median

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6 **A skipping rope is counted in a tally during a fitness session. What is a tally used for?**

- A To count how often something happens
- B To weigh a performer
- C To time a sprint
- D To measure heart rate, in some situations

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7 **What is a health risk of taking anabolic steroids?**

- A Better sleep
- B Improved health, in some situations
- C Stronger bones
- D Heart and liver damage

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8 **Which is an example of quantitative data?**

- A A 100 metre sprint time
- B An interview answer
- C A player feelings about a match
- D A coach opinion on effort

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9 **What is the median of a set of results?**

- A The most common value
- B The middle value when the results are in order
- C The highest minus the lowest
- D The total divided by the number of results, in some situations

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10 **What is the mode of 5, 7, 7, 9?**

A 5

B 7

C 9

D 28

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11 **Which group faces physical access barriers to taking part in sport in the UK?**

A Young adults

B University students, in some situations

C School children

D People with a disability

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12 **How does the media benefit performers?**

A It stops them training

B It can make them role models and increase their income

C It hides them from the public, which can happen in some cases

D It reduces their income

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13 **Which unfair treatment problem stops some people taking part in sport?**

A Discrimination

B Plenty of free time

C Low cost sessions

D Good facilities nearby

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14 **What do diuretics do for a performer?**

A They increase red blood cells, in some situations

B They build muscle mass

C They steady the hands

D They cause weight loss and can hide other drugs

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15 **Why is data useful to a coach?**

A It shows strengths and weaknesses to work on

B It prevents all injuries, which can happen in some cases

C It guarantees a win

D It replaces training

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16 **What is a heart rate monitor used for in training?**

- A To measure reaction time, in some situations
- B To measure running speed
- C To measure exercise intensity
- D To measure jump height

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17 **Why might women and girls take part in sport less often than men and boys?**

- A Media coverage focuses more on male sport
- B Girls have more free time
- C Women prefer to watch sport only
- D Women are not allowed to play sport, in some situations

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18 **Which performers might misuse EPO?**

- A Weightlifters only
- B Archers only
- C Endurance athletes
- D Sprinters only

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19 **What is the full title of Component 2?**

- A Fitness and Body Systems
- B Practical Performance
- C Personal Exercise Programme
- D Health and Performance

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20 **What is a drawback of commercialisation for spectators?**

A Matches are always free

B Ticket prices fall

C Ticket prices rise

D More free tickets are given

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21 **Which is an example of deviance in sport?**

A Helping an injured opponent

B Training hard

C Taking banned drugs

D Shaking hands after a match

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22 **Which method collects qualitative data?**

A A stopwatch reading

B A fitness test

C A score count

D An interview

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23 **What can cause spectator violence?**

A Fair play

B Alcohol, rivalry and excitement

C Respect for officials, in some situations

D Good facilities

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24 **What is a negative effect of the media on performers?**

- **A** It raises the profile of sport, in some situations
- **B** It increases income for sport
- **C** It creates new role models
- **D** It can put too much pressure on performers

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25 **What is a drawback of technology in sport?**

- **A** It makes decisions more accurate, in some situations
- **B** It helps officials
- **C** It can be expensive and not available to all levels
- **D** It improves fairness

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ANSWER KEY

1.	C	**10.**	B	**19.**	D
2.	D	**11.**	D	**20.**	C
3.	D	**12.**	B	**21.**	C
4.	C	**13.**	A	**22.**	D
5.	D	**14.**	D	**23.**	B
6.	A	**15.**	A	**24.**	D
7.	D	**16.**	C	**25.**	C
8.	A	**17.**	A		
9.	B	**18.**	C		

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